

Strengths Based Teamwork

All too often, our natural talents go untapped. When people understand and apply their strengths, the effect on their lives and work is transformational. People who use their strengths every day are 6x more likely to be engaged in their work and 3x more likely to say they have an excellent quality of life.

Teams that focus on their strengths have:

- 7.5 % increased productivity
- 10-19% increased sales
- 3-7% higher customer engagement

More than 90% of the Fortune 500 companies use CliftonStrengths to enhance team engagement and improve performance outcomes.

*Information and stats above from [Gallup Clifton Strengths Website](#).

Potential Workshop Outline:

- Why Strengths and Now What?
- Your Unique Strengths Training and Exercise
- Barrier Labels and Basements
 - What about a strength in overdrive?
 - What if someone thinks my strength is a weakness?
- Leveraging Your Strengths
- Strengths Domains
- Personal and Team Profiles
- Action Steps

Optional Bonus Coaching Features Available:

- 1:1 Coaching per team member
- Specialized Team Coaching
- A customized management level analysis, action plan and strategy session for key organizational leader.

Note: This workshop is available for teams in 2 hr, 3hr or 4 hr sessions. Session content is based on time selected.

About Cheryl Molenaar

Cheryl Molenaar is an inspiring, intuitive coach who has a contagious passion to see people and organizations move forward and achieve personal and professional goals. She is skilled at helping leadership and teams increase cohesion, productivity and results, through 1:1 coaching, team sessions and staff retreats. She also coaches individuals and offers transformational community workshops.

She is an expert at helping others discover their unique strengths, identify obstacles and discover strategies to achieve goals that matter. She is passionate about seeing people and teams reach their hidden potential. She has 25+ years of experience as a leader in the non-profit sector. Cheryl has been using Clifton Strengths Finder as a leader and coach for over 14 years. She is passionate about the Strengths Movement and has recently attended the [2018 Strengths Summit](#) for further training and tools to help individuals and teams leverage their strengths.